

September 8, 2009

H1N1 Influenza A Update

New York Statewide School Health Services Center

General H1N1 Influenza A Update

- **Be sure to review the joint NYS Education Department and NYS Department of Health guidance document found on our H1N1 Flu page at: <http://www.schoolhealthservicesny.com/h1n1.cfm>**
- The Centers for Disease Control (CDC) has the incidence of H1N1 Flu currently categorized as “Sporadic” for New York State.
- The 2009 H1N1 influenza virus is the predominant influenza virus in circulation worldwide.
- The epidemiology of the disease caused by the 2009 H1N1 influenza virus in the Southern Hemisphere is very similar to that described in the United States this past spring.
- There have been no significant changes detected in the 2009 H1N1 influenza virus isolated from persons in the Southern Hemisphere as compared to viruses isolated from persons in the Northern Hemisphere.

Resources Available Through Flu.gov (can be accessed on our H1N1 Flu page)

Elmo Teaches Healthy Habits that Help Prevent the Flu



Elmo offers his flu prevention tips in four video PSAs on staying happy and healthy. These videos help kids practice habits such as washing their hands and sneezing into their elbow.

[Watch the Elmo videos](http://www.flu.gov/psa/index.html#elmo) at <http://www.flu.gov/psa/index.html#elmo>

Know What to Do About the Flu



- Cover your cough
- Wash your hands frequently
- If you have a fever, stay home for at least 24 hrs after that fever has ended
- Get a vaccine when it becomes available

H1N1 Influenza A Cases

New York State Department of Health – Statewide Data for the Week of 8/16/09 – 8/22/09

Please note: Current counts reflect the number of confirmed H1N1 cases in hospitalized patients only.

Confirmed Cases	Cumulative Case Count
4	1217

Centers for Disease Control – National Data as of September 3, 2009

Hospitalized Cases	Deaths
9,079	593

World Health Organization – Pandemic Alert Level – **Phase 6**