

Depression/Anxiety/OCD/Panic Disorder Medications

Common Medication Names

- Prozac
- Paxil
- Celexa
- Zoloft

Usage

Antidepressant medications are used to treat a variety of conditions, including depression and other mental/mood disorders. These medications can help prevent suicidal thoughts/attempts and provide other important benefits.

These medications are selective serotonin reuptake inhibitors (SSRI) and are used to treat depression, anxiety disorders (panic attacks), obsessive-compulsive disorder (OCD), a certain eating disorder (bulimia).

Depression/Anxiety/Obsessive Compulsive Disorder (OCD)/Panic Disorder

Depression, major: A disease that interferes with the ability to work, sleep, eat, & enjoy once pleasurable activities. A diagnosis of Major Depressive Disorder, Bipolar I Disorder and Treatment Resistant Depression may be manifested by decreased mood, decreased interest, increased guilty feelings, decreased energy, decreased concentration, changes in appetite or suicidal thoughts or behavior.

Anxiety disorder: A chronic condition characterized by an excessive and persistent sense of apprehension with physical symptoms such as sweating, palpitations, and feelings of stress. Anxiety disorders are very common, affecting one in 10 Americans.

Obsessive Compulsive Disorder (OCD) is an anxiety disorder and is characterized by recurrent, unwanted thoughts (obsessions) and/or repetitive behaviors (compulsions) such as cleaning, checking, counting or hoarding.

Panic disorder: A disorder characterized by sudden attacks of fear and panic. The episodes may resemble a heart attack. They may strike at any time. Symptoms may include rapid heartbeat, chest pressure or pain, shortness of breath, dizziness, tingling, and anxiety.

Please see your School Nurse with any questions or concerns

Side Effects to Watch for:

Common possible side effects include:

- Nausea, drowsiness, dizziness, anxiety, trouble sleeping, loss of appetite, weakness, diarrhea, dry mouth, indigestion, tiredness, sweating, or yawning.
- Unusual or severe mental/mood changes (such as agitation, unusual high energy/excitement, thoughts of suicide), uncontrolled movements (for example, movements of the lips/tongue), shakiness (tremor), restlessness, inability to keep still, blurred vision, numbness/tingling.

